

Videos to use in CPD events, or when speaking to parents

A couple of quick, but very impactful videos I like to use in training are 'Where's Klaus?' (<https://www.youtube.com/watch?v=-IOOn2wR8bU>) and 'Beware of the Cyber Playground' (<https://www.youtube.com/watch?v=-ApfDVJbcS0>)

Although both videos are a little old now, the messages remain very valid and quickly make a very serious point.

Keeping under fives safe online (ChildNet)

Ofcom research in 2016 showed that almost 40% of 3-4 year olds and two thirds of 5-7 year olds go online. We know that children need support in these environments, to get the best out of using the internet, and there are real advantages in making sure that children are supported in their internet use right from the start. ChildNet has prepared a guide for the parents of under-7s to help them think about the issues involved.

<http://www.childnet.com/ufiles/Keeping-Under-Fives-Safe-Online.pdf>

Keeping Children Safe Online (for parents) (NSPCC)

The NSPCC have drawn together lots of advice for parents, including Being Share Aware, Minecraft Safety Advice, and how to stay safe using apps. The information can be found here:

<https://www.nspcc.org.uk/what-we-do/about-us/partners/nspcc-o2-online-safety-partnership/>

Parents' Online Safety Helpline (NSPCC)

Parents can also contact the free NSPCC Online Safety Helpline with questions about parental controls or concerns about a social network their children are using on **0808 8005002**

The Girls' day School Trust has created '[Live My Digital](#)', a unique video series to help parents help their children to stay safe online. The series consists of six short films for parents and six matching films for children to empower families to use social media safely and responsibly.

The videos look at the ways in which the internet and digital technology can be used positively by young people as well as identifying the potential issues they may face. The most critical themes in online safety today are covered including:

- Cyberbullying
- The digital footprint
- Identity and self-esteem
- Relationships and grooming
- Security and privacy
- Sexting

We hope that the films, together with the downloadable online safety factsheets, will help encourage and support open discussions in your family about how to enjoy the online environment whilst staying safe.

You can access the videos here: www.gdst.net/livemydigital

Useful resources to share with parents are the guides from 'Think U Know' and the NSPCC:

[How to...guides \(Think U Know\)](#)

[Your guide to the social networks your kids use \(NSPCC\)](#)

There are many resources for older children about helping them recognise CSE, but not so much for younger children. For the youngest children, the best starting point is the NSPCC's [Pants resources](#). For KS2, in conjunction with the Home Office, the Blast Project developed the '[Alright Charlie](#)' [video resource](#).

Other PANTS resources

[PANTS for parents](#)

[PANTS for foster carers](#)

[PANTS for parents of children with autism](#)

ChildNet - Internet safety with young people with autism spectrum conditions (ASC)

<http://www.childnet.com/resources/star-toolkit>

NSPCC - PANTS Rule (For parents and carers of children with autism)

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwear-rule-parents-guide-children-autism.pdf>

NSPCC Online safety

This is a great source of support for parents. Think about adding this link to your website.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

Consent is everything

Video: Tea and Consent

<http://www.consentiseverything.com/>

Alright Charlie

Resource from the Blast Project aimed at 9 - 11 year olds highlighting the warning signs of grooming in an age appropriate way.

Video: <https://www.youtube.com/watch?v=UGEgn767XAk>

For Pupils: [Alright Charlie Workbook](#)

